

Addressing Addiction and Complex Trauma in our Community – Building our Strengths “A Three Part Training Series”

Dates: Friday, February 9, 2018 – Workshop I
Friday, April 6, 2018 – Workshop II
Friday, May 4, 2018 – Workshop III

Times: 9:00 am – 2:00 pm

Locations: Workshop 1 – St. Michael’s Community House – 23 South St. Litchfield, CT 06759
Workshops 2 & 3 – Geer Village – 77 South Canaan Rd. Canaan, CT 06018

Presenters: Hope Payson LCSW, LADC and Kate Becker, LCSW, RYT

Sponsored By: Greenwood’s Counseling Referrals, Inc., The Housatonic Youth Service Bureau

Grant Funded By: The Jack Rogers Fund; a fund managed by the Berkshire Taconic Community Foundation

These workshops are FREE to attend.

Registrants can sign up for individual or all events.

Information About The Program

Part I: Understanding and Addressing the Roots of Addiction. 2/09/18 9:00 AM - 2:00 PM

Presenter: Hope Payson LCSW, LADC What is addiction and what are its root causes? An exploration of the neurological, experiential and social underpinnings of behavioral and substance addictions. We will examine the connection between trauma, neglect, addiction, and discuss how active addiction impacts the brain. The training will conclude by offering an introduction to a variety of treatment approaches.

Part 2: Understanding and Addressing Complex Trauma and Addiction 4/06/18 9:00 AM - 2:00 PM

Presenter: Hope Payson LCSW, LADC What is trauma? How does trauma and neglect impact the developing brain? Trauma diagnoses and symptoms, including dissociation, will be reviewed. We will discuss techniques to assess and address trauma symptoms as they arise in session, and how to create treatment plans with persons who have complex trauma presentations.

Part 3: Stabilization techniques that address Complex Trauma and Addiction 5/04/18 9:00 AM - 2:00 PM

Presenter: Kate Becker, LCSW, RYT This workshop will primarily be comprised of stabilization techniques that can be taught in session with traumatized and addicted clients. A variety of modalities including top-down and bottom-up approaches will be reviewed. Practicum will include chair yoga and a script will be provided to clinicians. These techniques are suitable for clients who are in solid recovery, newly sober or are in active addiction behavior.

Workshops include: PowerPoint Presentation, lecture, guest speakers, video clips, experiential activities, group resource sharing and case discussion.

Please RSVP to Michele Sonnati at (860) 567.7724 or via email at msonnati@greenwoodsreferrals.org

Seating is limited – reply ASAP to reserve your seat.

Lunch will be provided for participants attending each workshop.



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