The mission of Greenwoods Counseling & Referrals, Inc. is to provide access to high-quality and affordable mental healthcare and related social services for individuals and families living or working in Litchfield County.
Dear Friend of Greenwoods,

Greenwoods has dramatically expanded its programs and services for Litchfield County’s most vulnerable populations in the past year. Thanks to your support, we made measurable progress toward meeting Northwest Connecticut’s need for mental and substance use disorders, suffering fever suidence, and enjoying improved physical, emotional, and interpersonal health with a variety of initiatives, including:

- Connecting more clients to the mental health services they need. Two years ago we connected 845 patients with skilled mental health professionals, representing a 62% increase in service from the previous year. In the 2018-19 program year just ended, we scheduled 570 mental health assessments and connected 733 patients with mental health professionals, representing a 19% increase in service from the last year. Plus, 83 Greenwoods’ clients received $25,360 in financial aid to pursue 634 counseling sessions.

- Expanding our School Project (and renamed it Youth Mental Health Program). In 2018-19, Greenwoods replicated its model of assessment and referral in the Litchfield Public Schools and WAMGO High School. In the 2018-19 school year, staff has also expanded to Oliver Wolcott Technical High School. We are dedicating four professionals—three mental health clinicians and one mental health clinician/program administrator—to support this program.

- Forging the fight against the opioid epidemic. We have undertaken a Medication Assisted Treatment (MAT) initiative to support 20 patients in recovery from opioid addiction. Greenwoods and a local APRN provide Suboxone prescription and individual counseling to patients in recovery through the Suboxone Maintenance and Relapse Prevention Program. This allows us to support individuals, families, and communities that are disproportionately harmed by the opioid epidemic and historically underserved in mental health and addiction.

- Empowering community health. Greenwoods has put its vision of community wellness into action in multiple ways:
  - With the support of the Connecticut Department of Mental Health & Addiction Services, a Community Outreach & Recovery Services Specialist has joined our staff dedicated to connecting all Litchfield County residents with the mental health and substance abuse treatment services they may need.
  - We’ve supported the production and public presentation of the film Uprooting Addiction: Healing from the Ground Up that presents a unique approach to fighting drug and alcohol addiction in the Northwest Corner.
  - We’ve been an active member of the Litchfield County Opiate Task Force where our Executive Director John Simeonelli is on its Executive Committee.

None of this critical work would have been possible without your generous support. We are deeply grateful for your investment in our work and vision as we continue to forge and foster the community-wide connections that heal and nurture the health of our neighbors.

Faithfully,

Ted Bank
President of the Board

John Simeonelli LCSW, LADC, MPA
Executive Director
Our growth is made possible by the incredible generosity of our Business Supporters, Sponsors and the Individuals who participate in our benefit and annual appeal:

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- Photo Arts Printing Company
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- Paula & Tom Kettner
- Susan Kennedy
- Charles & Jane Klein
Anna is safe now. She is better able to cope not only for herself but for her children as well and is currently in the care of a professional counselor as a result of Greenwoods’ referral.

Thank you for insuring Greenwoods has the resources to perform our day-to-day tasks to stay true to our mission.

We are truly grateful for your ongoing support.

*Deceased