



A CLOSER LOOK

NEIGHBORS HELPING NEIGHBORS



Director's Note

Welcome to the summer issue highlighting our clinicians and the importance of fundraising. Both are critical to our success. We encourage our clients and staff to take time to relax and recharge this summer.

We hope you are doing the same!

Our In House Clinicians

Greenwoods originally started as a referral service and still has a list of approximately 135 providers in its network. In 2018, the agency added its own in-house clinicians to increase the available therapists in our area and decrease the wait times for assessments and appointments.

We currently have six clinicians on staff with combined experience of more than 100 years in the field. This team is led by Executive Director John Simoncelli, who was formerly a private therapist on the Greenwoods list of providers, with 15 years in the field and master's degrees in Social Work and Public Administration.



The in-house team has specialties in

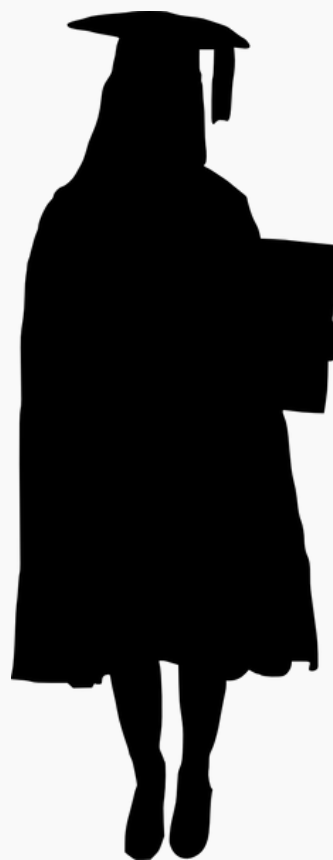
- Couples Therapy
- Grief & Hospice
- Trauma Therapy
- Substance Use Disorders
- Adolescents & Young Adults
- Clients identifying as LGBTQIA+

Photo of in-house clinicians L to R: Liz, Melissa, Lucy, John, Dorothy, and Cindy. Not pictured here is Jamie.

This is a hard-working team where each full-time therapist sees an average of 32 clients a week, either in person or by telehealth. In 2020-21, Greenwood's clinicians completed 810 mental health assessments and served 891 total clients in need of mental health care. When asked specifically about Greenwood as a place to practice, they describe being driven by the camaraderie of like-minded staff who are creative and caring, dedicated to providing the highest level of service, and willing to go the extra mile.

One of our clinicians recently shared a story of a client, Mary*, whom she first met in December of 2021. At the time, Mary was struggling with acute liver failure, and it was not clear whether she would survive. As Mary struggled with depression while in rehabilitative care, our clinician supported her and was able to connect her with an intensive outpatient program. This program would require hard work, but Mary felt that, with the support of our clinician, she could make this commitment to improving her mental health.

Just last month, our clinician was able to attend the client's graduation from that outpatient program. Being alongside Mary as she moved into the next phase of her life and celebrating all her progress was, our clinician shared, a deeply moving experience. Our therapists find their work most rewarding when they can share in the successes and accomplishments of our clients.



See all newsletters and stories at www.greenwoodsreferrals.org

**The name was changed to protect her identity.*



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Donor Update & Why It Matters



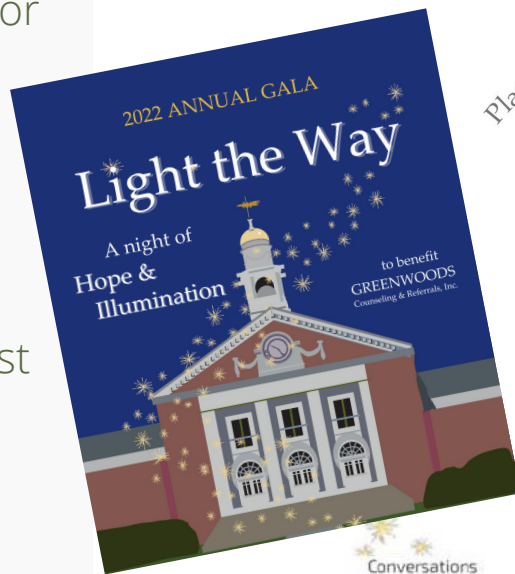
A couple who both worked as *first-responders* got the intensive help they needed throughout the pandemic. She was on the front lines in healthcare and was overwhelmed with the stress of long hours and the fact that she often became the sole person to comfort dying patients and their families. He was a public safety professional who had his own stressful work and the constant fear of being exposed. They needed tools to help each of them in their individual lives, and tools to support their relationship.

The cost from multiple visits per week was more than they could afford – even as professionals – because of their high-deductible insurance plans. They applied for and received financial assistance from Greenwoods on the recommendation of their therapist. In March 2022 they no longer needed to see the therapist because they agreed that they were now able to manage on their own. **No one goes without the care they need because of cost.**

Greenwoods depends on fundraising events and campaigns to bring in almost a third of its income. The more successful the campaign, the more clients we can help.

Light the Way Gala. We are especially pleased to report that the “Light the Way” Gala, which is our largest event, raised a record amount of money, with net income of more than \$150,000. We are so grateful to all event donors and ticket purchasers, including more than 100 sponsors, both businesses and individuals, who made the Gala such a success.

Listed here are the Platinum (\$5,000 or more) Sponsors who deserve special attention. Please visit our website events page for the full list of sponsors.



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Northwest Corner Gives is a new online campaign with the Northwest Connecticut Community Foundation which will match donations dollar-for-dollar during the month of July. This campaign supports financial aid for clients in need. If you can help us with a gift this campaign, go to the donate page on our website and look for the logo.

We offer our sincere thanks to outside fundraising efforts through The Gunn Run, Sportsmen’s of Litchfield with a celebration of Mental Health Awareness Month, and twenty2 wallpaper + textiles to establish a financial aid fund for LGBTQIA+ clients. You, too, can have your own event and make Greenwood’s a benefitting charity!

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